

A Way Of Being Carl R Rogers

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On Becoming a Person Jul 30 2022

The Martin Buber - Carl Rogers Dialogue Oct 28 2019 A corrected and extensively annotated version of the sole meeting between two of the most important figures in twentieth-century intellectual life.

You Can Negotiate Anything Oct 09 2020 Over one million copies sold and nine months on the New York Times bestseller list! For readers of the bestsellers Atomic Habits and Never Split the Difference—this bestselling classic will teach you to hone your intuition to effectively communicate and negotiate...making sure you win every time. These groundbreaking methods will yield remarkable results! YES, YOU CAN WIN! Master negotiator Herb Cohen has been successfully negotiating everything from insurance claims to hostage releases to his own son's hair length and hundreds of other matters for over five decades. Ever since coining the term "win-win" in 1963, he has been teaching people the world over how to get what they want in any situation. In clear, accessible steps, he reveals how anyone can use the three crucial variables of Power, Time, and Information to always reach a win-win negotiation. No matter who you're dealing with, Cohen shows how every encounter is a negotiation that matters. With the tools and skill sets he has devised, honed, and perfected over countless negotiations, the power of getting what you deserve is now a practical necessity you can fully master. "Flawlessly organized." —Kirkus Reviews

Carl Rogers Jan 12 2021 This diary, under the title "My Trip to China," was written by 20-year old Carl Ransom Rogers during his six-month journey to the Far East in 1922. This never-before-published diary reveals intimate details of the religious faith, cross-cultural interactions, and emerging ideas on relationships leadership, social injustice, and education of a man who was to become one of the world's most influential psychologists. Within its pages readers can share in the wonder of the journey that Rogers himself in his later life called, "an absolutely mind-boggling experience." "The narrative is so compelling and detailed that I could not put it down" Maureen O'Hara, Ph.D.

Harold and the Purple Crayon Jul 26 2019 From beloved children's book creator Crockett Johnson comes the timeless classic Harold and the Purple Crayon! This imagination-sparking picture book belongs on every child's digital bookshelf. One evening Harold decides to go for a walk in the moonlight. Armed only with an oversize purple crayon, young Harold draws himself a landscape full of wonder and excitement. Harold and his trusty crayon travel through woods and across seas and past dragons before returning to bed, safe and sound. Full of funny twists and surprises, this charming story shows just how far your imagination can take you. "A satisfying artistic triumph." —Chris Van Allsburg, author-illustrator of The Polar Express Share this classic as a birthday, baby shower, or graduation gift!

Becoming a Man Apr 26 2022 A "scrupulously honest" (O, The Oprah Magazine) debut memoir that explores one man's gender transition amid a pivotal political moment in America. Becoming a Man is a "moving narrative [that] illuminates the joy, courage, necessity, and risk-taking of gender transition" (Kirkus Reviews). For fifty years P. Carl lived as a girl and then as a queer woman, building a career, a life, and a loving marriage, yet still waiting to realize himself in full. As Carl embarks on his gender transition, he takes us inside the complex shifts and questions that arise throughout—the alternating moments of arrival and estrangement. He writes intimately about how transitioning reconfigures both his own inner experience and his closest bonds—his twenty-year relationship with his wife, Lynette; his already tumultuous relationships with his parents; and seemingly solid friendships that are subtly altered, often painfully and wordlessly. Carl "has written a poignant and candid self-appraisal of life as a 'work-of-progress'" (Booklist) and blends the remarkable story of his own personal journey with incisive cultural commentary, writing beautifully about gender, power, and inequality in America. His transition occurs amid the rise of the Trump administration and the #MeToo movement—a transition point in America's own story, when transphobia and toxic masculinity are under fire even as they thrive in the highest halls of power. Carl's quest to become himself and to reckon with his masculinity mirrors, in many ways, the challenge before the country as a whole, to imagine a society where every member can have a vibrant, livable life. Here, through this brave and deeply personal work, Carl brings an unparalleled new voice to this conversation.

Client-centered Therapy Sep 07 2020 Presenting the non-directive and related points of view in counselling and therapy, Rogers gives a clear exposition of procedures by which individuals who are being counselled may be assisted in achieving for themselves new and more effective personality adjustments.

Carl Rogers on Encounter Groups Sep 19 2021 Carl Rogers coined the term, 'The Basic Encounter Group' to identify encounter groups that operated on the principles of the person-centered approach. It is the contention that the person-centered Basic Encounter Group is quite unique and, in fact, offers a different paradigm for group therapy. Indeed, the application of the premises of the person-centered approach in group therapy requires a re-examination of many of the usual presuppositions about group function. This includes presuppositions about leader target population, size of group, establishment of goals and ground rules, and facilitator behavior.

Becoming a Person May 28 2022 2015 Reprint of 1954 Edition. Full facsimile of the original edition. Not reproduced with Optical Recognition Software. Carl Rogers was among the founders of the humanistic approach (or client-centered approach) to psychology. The person-centered approach, his own unique approach to understanding personality and human relationships, found wide application in various domains such as psychotherapy and counseling (client-centered therapy), education (student-centered learning), organizations, and other group settings. These two lectures, first delivered in 1954, comprise the core of his teachings. In 1961 his shorter works would be collected and published as "On Becoming a Person." Contents: Some Hypotheses Regarding the Facilitation of Personal Growth What It Means to Become a Person

Becoming Partners Nov 21 2021 An exploration and discussion of the relationship between man and woman. Couples talk about the intimate details of their relationship and express their innermost feelings. Carl Rogers is the innovator of client-centred therapy. In this book he takes an objective position.

Influential Woman Dec 11 2020 Women around the globe are being divinely called to change the world of business with a new kind of leadership - it's time for us to wake up and prepare for the challenge. Why are we still seeing gender pay gaps and a lack of diversity in our workforces? We all know these systemic inequalities persist, so why haven't we fixed them yet? Dion Johnson has excelled in her field as a black woman in a white man's world; facially disfigured in a beauty-obsessed world; a devoted Christian in a secular world. She knows first-hand how unequal the system can be. In 2013, Dion, led by God, began challenging women leaders to respond to the call to show up, speak up and shake things the hell up in their industry. Since then, Dion has served passionately as a strategic ally supporting women to evolve, rise above leadership challenges, and be more influential in their role. In this book she offers a development framework for senior leaders who want to initiate hard change without sabotaging their health or self-esteem. Influential Woman has the power to spark a revolution in the way we lead and do business - to make the marketplace a force for love, justice and equality. We are influential women and now is our time to rise up and take action!

Significant Aspects of Client-Centered Therapy Jul 06 2020 Psychology Classics: Significant Aspects of Client-Centered Therapy Widely regarded as one of the most influential psychologists of all time, Carl Rogers was a towering figure within the humanistic movement towards person centered theory and non-directive psychotherapy. Originally published in 1946 his classic article Significant Aspects of Client-Centered Therapy is essential reading for anybody interested in psychotherapy and counseling. In this landmark publication Carl Rogers outlines the origins of client-centered therapy, the process of client-centered therapy, the discovery and capacity of the client and the client-centered nature of the therapeutic relationship. Bonus Material: Significant Aspects of Client-Centered Therapy builds upon some of Carl Rogers' previously published work. Among the most notable of these earlier works were The Processes of Therapy and The Development of Insight in A Counseling Relationship; both of which are also presented in full. Significant Aspects of Client-Centered Therapy has been produced as part of an initiative by the website All About Psychology to make important psychology publications widely available. www.all-about-psychology.com

On Becoming a Teacher Jul 18 2021 Students deserve great teachers and learning to become a great teacher is a lifelong journey. On Becoming a Teacher guides both the new and experienced teacher through the exhilarating process of learning to educate students in a way that makes a lasting impact on their lives. Dr. Kearney leads the reader through the process of understanding what lies at the foundation of great teaching, loading each essay with ready-for-classroom use applications and challenging ideas. This book is designed to encourage the reader to think deeply about all aspects of education, while instilling, or rekindling, the excitement, enthusiasm, and teaching excellence shared by all great teachers. Written in conversational essay form and supplemented with discussion and reflection questions, this brief book would make an ideal classroom text for student teaching and education seminars. Whether you aspire to teaching excellence at the elementary school, middle school, high school, or collegiate level, On Becoming a Teacher is a must read. Author Bio: Edmund M. Kearney, Ph.D. is Professor of Psychology at Lewis University. Dr. Kearney has won numerous teaching awards over the past 20 years, including being named the "Teacher of the Year" at the Chicago School of Professional Psychology, the Lasallian Educator of the Year for teaching excellence at Lewis University, and the St. Miguel Febres Cordero Award winner for excellence in scholarship at Lewis University. Dr. Kearney's specialty areas in psychology include cognition, special education, child and adolescent

assessment, and the scholarship of teaching and learning.

On Becoming Carl Rogers Aug 31 2022

On Becoming Carl Rogers Nov 09 2020 A portrait both of the man and his work, this biography of the distinguished psychotherapist covers Roger's struggles with the psychological establishment, where his contributions to humanistic psychology were at first grudgingly accepted and the later em

The Carl Rogers Reader Oct 21 2021 Selected from a body of Rogers' work, essays deal with his approach to psychotherapy, theory and research, and philosophies.

Hiking with Nietzsche Dec 31 2019 "A stimulating book about combating despair and complacency with searching reflection." --Heller McAlpin, NPR.org Named a Best Book of 2018 by NPR. One of Lit Hub's 15 Books You Should Read in September and one of Outside's Best Books of Fall A revelatory Alpine journey in the spirit of the great Romantic thinker Friedrich Nietzsche *Hiking with Nietzsche: Becoming Who You Are* is a tale of two philosophical journeys—one made by John Kaag as an introspective young man of nineteen, the other seventeen years later, in radically different circumstances: he is now a husband and father, and his wife and small child are in tow. Kaag sets off for the Swiss peaks above Sils Maria where Nietzsche wrote his landmark work *Thus Spoke Zarathustra*. Both of Kaag's journeys are made in search of the wisdom at the core of Nietzsche's philosophy, yet they deliver him to radically different interpretations and, more crucially, revelations about the human condition. Just as Kaag's acclaimed debut, *American Philosophy: A Love Story*, seamlessly wove together his philosophical discoveries with his search for meaning, *Hiking with Nietzsche* is a fascinating exploration not only of Nietzsche's ideals but of how his experience of living relates to us as individuals in the twenty-first century. Bold, intimate, and rich with insight, *Hiking with Nietzsche* is about defeating complacency, balancing sanity and madness, and coming to grips with the unobtainable. As Kaag hikes, alone or with his family, but always with Nietzsche, he recognizes that even slipping can be instructive. It is in the process of climbing, and through the inevitable missteps, that one has the chance, in Nietzsche's words, to "become who you are."

Spark Feb 10 2021 The New York Times—bestselling, non-nonsense guide to becoming a better leader through 7 key behaviors, based on a mix of military and corporate training. Leadership is not about job titles—it's about action and behavior. "Sparks" are the doers, thinkers, innovators, and key influencers who are catalysts for personal and organizational change. But these extraordinary individuals aren't defined by the place they hold on an organizational chart—they are defined by their actions, commitment, and will. Leadership experts Angie Morgan, Courtney Lynch, and Sean Lynch show how you can become a Spark by cultivating seven key leadership behaviors. Grounded in the latest research on leadership development, this fresh, accessible road map is packed with real-world stories from inside companies like Facebook, Google, and Boston Scientific, and from the authors' own high-stakes, challenging experiences serving in the U.S. Armed Forces. With SPARK as a blueprint, anyone can become a catalyst for change, and any organization can identify and develop Sparks. "A myth-destroying book that will make you rethink both the theory and practice of leadership."—Daniel H. Pink, #1 New York Times—bestselling author of *Drive* "If you truly want to become a Spark in your organization and in your life, I urge you to read this book now."—Mike "Coach K" Krzyzewski, head coach, Duke University Men's Basketball "These authors are not only great leadership thinkers, but they have all led people in challenging circumstances.... Trust them to take you to a new level."—Brigadier General Thomas A. Kolditz, U.S. Army (Ret.), director of the Ann and John Doerr Institute for New Leaders at Rice University

Person to Person: the Problem of Being Human Mar 26 2022

Being Empathic Nov 29 2019 'This is the most stimulating, thorough, in-depth work on empathy as originated and developed by Carl Rogers within client-centred therapy and the person-centred approach that a reader will find. It provides a rigorous look at empathic understanding, with practical case illustrations throughout. 'What a 'cornucopia' of offerings are provided in this book. The quotes and extracts from Rogers are always to the point, and explorations of the concepts rich and original, each amplifying, yet not changing, Carl's meanings. This book has a unique format and style, merging tradition with innovation and whimsy. It is both intellectually stimulating and very personal. I was delighted with the wit, humour, and plays on words. When compared with the reductionistic, stereotypic depiction of Rogers' work in so many previous texts outside the Person Centred Approach community, this book is a breath of fresh air. I believe Steve has guided us with elegance and insight, wisdom and compassion, towards deeper understandings of the genius and profundity of Carl Rogers' work and his principles. While the audience for this book might best be considered to be those in training as therapists, or students using the book as a university text, it will also be most helpful for practitioners who want to review and renew a deeper understanding of Rogers' approach. Potential clients, in seeking a safe haven for their deep explorations, may also profit greatly from this book as a guide in their search.' Gay Leah Barfield in her Foreword

A Way of Being Nov 02 2022 Written by the founder of humanistic psychology, Rogers traces his personal and professional life from the 1960s to the 1980s, and offers new insights into client-centered therapy.

The Therapeutic Relationship and Its Impact Apr 14 2021

Carl Rogers? Helping System Aug 07 2020 `This book is a monumental achievement, and person-centred practitioners will be indebted to Goff Barrett-Lennard for many years to come. He has written no only a definitive study of the history of person-centred approach - what he calls a report of the "evolutionary course of a human science" - but also an accompanying commentary which is unfailingly enlightening, sometimes provocative and occasional lyrical? - Brian Thorne, Emeritus Professor of Counselling, University of East Anglia and Co-Founder, Norwich Centre `I highly recommend this book as a reference source of major import, as bibliography, as history as art, and as a complex discussion of questions that plague the person-centred practitioner and the client-centred therapist? - The Person-Centered Journal `If you only ever buy one book about the Person-Centred Approach, other than those written by Rogers himself, this is the one. It is a staggering achievement by one of the most knowledgeable writers in the field? - PCP Reviews `This book is a gem, and should have wide appeal. It is an excellent introduction to person-centred psychology, written in accessible style, and it takes the reader beyond the simplicity often confused with naivety Goff Barrett-Lennard reveals a sophisticated complexity that challenges us to view the "person" with fresh eyes and an open mind? - Tony Merry, University of East London `I strongly recommend this book as a sophisticated treatment of the client-or person-centred approach to therapy and its applications to areas outside therapy. It is also a useful overview of research on all aspects of person-centred ideas? - Psychotherapy Research `This book... is not a single "meal" in itself but a positive "larder" containing every imaginable staple food and condiment all exquisitely and thoroughly researched. The book took Godfrey T Barrett-Lennard 20 years to write and it will stand as a reference text for person-centred specialists for longer than that... an essential reference text... and a pantry full of delicious surprises? - Counselling and Psychotherapy, The Journal of the British Association for Counselling and Psychotherapy `Probably the most important piece of work on the person-centred approach to have emerged in recent years... an essential source of reference for anyone with a serious interest in the person-centred approach? - Counselling News Written by an ex-student and long-time colleague of Carl Rogers, this in-depth and challenging book charts the development of person-centred therapy from its origins through to the present day. Godfrey T Barrett-Lennard traces the central concepts and key figures within the movement, set against the contemporary historical, social and political context. As an integrated overview of the person-centred approach, Carl Rogers? Helping System presents a wealth of fascinating ideas and information which is linked to a fresh, incisive account of the unfolding theory, process and research.

Positive Regard May 16 2021 What makes a certain person's life remarkable and influential? In the case of Carl Rogers, the revolutionary and widely published humanistic psychologist, this book offers several factors: his ideas, his way of relating to colleagues, friends, and family, and simply his way of being. Likewise, the eight other people featured here are notable for the same reasons. Connecting well with people is characteristic of each of them: Thomas Gordon -- Maureen O'Hara -- Ruth SanfordJohn Vasconcellos -- Art Combs -- David RogersNatalie Rogers -- Haruko TsugeInspired in part by knowing or studying with Carl Rogers, they have created their own ideas and ventures to help many others. Their stories make this a multiple biography: a mosaic of stories about people who helped change the world -- and the way we feel about ourselves.

Chasing History Mar 02 2020 A New York Times bestseller In this triumphant memoir, Carl Bernstein, the Pulitzer Prize-winning coauthor of *All the President's Men* and pioneer of investigative journalism, recalls his beginnings as an audacious teenage newspaper reporter in the nation's capital—a winning tale of scrapes, gumshoeing, and American bedlam. In 1960, Bernstein was just a sixteen-year-old at considerable risk of failing to graduate high school. Inquisitive, self-taught—and, yes, truant—Bernstein landed a job as a copyboy at the *Evening Star*, the afternoon paper in Washington. By nineteen, he was a reporter there. In *Chasing History: A Kid in the Newsroom*, Bernstein recalls the origins of his storied journalistic career as he chronicles the Kennedy era, the swelling civil rights movement, and a slew of grisly crimes. He spins a buoyant, frenetic account of educating himself in what Bob Woodward describes as “the genius of perpetual engagement.” Funny and exhilarating, poignant and frank, *Chasing History* is an extraordinary memoir of life on the cusp of adulthood for a determined young man with a dogged commitment to the truth.

Drug Use for Grown-Ups Jun 24 2019 “Hart’s argument that we need to drastically revise our current view of illegal drugs is both powerful and timely . . . when it comes to the legacy of this country’s war on drugs, we should all share his outrage.” —The New York Times Book Review From one of the world's foremost experts on the subject, a powerful argument that the greatest damage from drugs flows from their being illegal, and a hopeful reckoning with the possibility of their use as part of a responsible and happy life Dr. Carl L. Hart, Ziff Professor at Columbia University and former chair of the Department of Psychology, is one of the world's preeminent experts on the effects of so-called recreational drugs on the human mind and body. Dr. Hart is open about the fact that he uses drugs himself, in a happy balance with the rest of his full and productive life as a researcher and professor, husband, father, and friend. In *Drug Use for Grown-Ups*, he draws on decades of research and his own personal experience to argue definitively that the criminalization and demonization of drug use—not drugs themselves—have been a tremendous scourge on America, not least in reinforcing this country's enduring structural racism. Dr. Hart did not always have this view. He came of age in one of Miami's most troubled neighborhoods at a time when many ills were being laid at the door of crack cocaine. His initial work as a researcher was aimed at proving that drug use caused bad outcomes. But one problem kept cropping up: the evidence from his research did not support his hypothesis. From inside the massively well-funded research arm of the American war on drugs, he saw how the facts did not support the ideology. The truth was dismissed and distorted in order to keep fear and outrage stoked, the funds rolling in, and Black and brown bodies behind bars. *Drug Use for Grown-Ups* will be controversial, to be sure: the propaganda war, Dr. Hart argues, has been tremendously effective. Imagine if the only subject of any discussion about driving automobiles was fatal car crashes. *Drug Use for Grown-Ups* offers a radically different vision: when used responsibly, drugs can enrich and enhance our lives. We have a long way to go, but the vital conversation this book will generate is an extraordinarily important step.

Being Empathic Jun 28 2022 'This is the most stimulating, thorough, in-depth work on empathy as originated and developed by Carl Rogers within client-centred therapy and the person-centred approach that a reader will find. It provides a rigorous look at empathic understanding, with practical case illustrations throughout. 'What a 'cornucopia' of offerings are provided in this book. The quotes and extracts from Rogers are always to the point, and explorations of the concepts rich and original, each amplifying, yet not changing, Carl's meanings. This book has a unique format and style, merging tradition with innovation and whimsy. It is both intellectually stimulating and very personal. I was delighted with the wit, humour, and plays on words. When compared with the reductionistic, stereotypic depiction of Rogers' work in so many previous texts outside the Person Centred Approach community, this book is a breath of fresh air. I believe Steve has guided us with elegance and insight, wisdom and compassion, towards deeper understandings of the genius and profundity of Carl Rogers' work and his principles. While the audience for this book might best be considered to be those in training as therapists, or students using the book as a university text, it will also be most helpful for practitioners who want to review and renew a deeper understanding of Rogers' approach. Potential clients, in seeking a safe haven for their deep explorations, may also profit greatly from this book as a guide in their search.' Gay Leah Barfield in her Foreword

Carl Rogers Dialogues Jan 24 2022 Offers a brief profile of Rogers, and shares his discussions with theologians and psychologists issues in psychotherapy

A Therapist's View of Personal Goals Jan 30 2020 2021 Reprint of the 1960 Edition. Facsimile of the original edition and not reproduced with Optical Recognition Software. In this essay, delivered as an address at Haverford College, Pennsylvania in 1959, Rogers discusses man's purpose and goal in life. In his therapeutic work Rogers sees clients take such directions as: away from facades; away from "oughts"; away from meeting expectations; away from pleasing others; toward being a process; toward being a complexity; toward openness to experience; toward acceptance of others; toward trust of self. Given a therapeutic climate of warmth, acceptance, and empathic understanding, the client moves from what he is not toward "being," toward becoming that which he inwardly and actually is. Quoting Kierkegaard, "to be that self which one truly is." A worthy goal indeed.

Person to Person: the Problem of Being Human Feb 22 2022 A humanistic approach to attacking the problems encountered in today's society.

Pale Blue Dot May 04 2020 "Fascinating . . . memorable . . . revealing . . . perhaps the best of Carl Sagan's books."—The Washington Post Book World (front page review) In *Cosmos*, the late astronomer Carl Sagan cast his gaze over the magnificent mystery of the Universe and made it accessible to millions of people around the world. Now in this stunning sequel, Carl Sagan completes his revolutionary journey through space and time. Future generations will look back on our epoch as the time when the human race finally broke into a radically new frontier—space. In *Pale Blue Dot*, Sagan traces the spellbinding history of our launch into the cosmos and assesses the future that looms before us as we move out into our own solar system and on to distant galaxies beyond. The exploration and eventual settlement of other worlds is neither a fantasy nor luxury, insists Sagan, but rather a necessary condition for the survival of the human race. "Takes readers far beyond *Cosmos* . . . Sagan sees humanity's future in the stars."—Chicago Tribune

On Becoming a Person Oct 01 2022 Collection of essays by American psychotherapist Carl Rogers written between 1951 and 1961, in which he put forth his ideas about self-esteem, flexibility, respect for self, and acceptance of others.

Boss It Mar 14 2021 Do you dream of ditching the day job, doing your own thing and being your own boss? Are you ready to Boss It? In this invigorating and highly practical book, serial entrepreneur Carl Reader provides exactly the fire and guidance you need to get started. Designed to cut through the business jargon, this handy guide will take you through everything you need to establish and run your own business - from the mindset it takes to turn a dream into a plan, to the need-to-know practical stuff for running and growing a business. Featuring case studies, templates and exercises to help you put what you read into action, and turn that dream into a reality, this motivational book will enable you to be your own boss, to take control of your income, your time and your life... and Boss It.

On Becoming an Effective Teacher Jun 04 2020 "On Becoming an Effective Teacher presents the final unpublished writings of Rogers and as such has a unique historical value. It also documents the research results of four highly relevant, related but independent studies which comprise the biggest collection of data ever accumulated to test a person-centred theory in the field of education. This body of comprehensive research on effective teaching was accomplished over a twenty-year period in 42 States in the U.S. and in six other countries including the UK, Germany, Brazil, Canada, Israel, and Mexico, and is highly relevant to the concerns of teachers, psychologists, students, and parents. The principal findings of the research in this book show that teachers and schools can significantly improve their effectiveness through programs focusing on facilitative interpersonal relationships. Teachers who either naturally have, or are trained to have empathy, genuineness (congruence), and who prize their students (positive regard) create an important level of trust in the classroom and exert significant positive effects on student outcomes including achievement scores, interpersonal functioning, self-concept, and attendance. The dialogues between Rogers and Lyon offer a unique and timeless perspective on teaching, counselling and learning. The work of Reinhard Tausch on person-centered teaching to counselors, parents, athletics, and even textbook materials, as well as research on the interactions of teachers and students, is among the most thorough and rigorous research ever accomplished on the significance and potential of a person-centered approach to teaching and learning"--

Psychology and the Human Dilemma Sep 27 2019 Selected essays on such topics as freedom, responsibility, anxiety, and psychotherapy probe the problems faced by contemporary man

Active Listening Dec 23 2021 Active Listening is a short 1957 work by Drs. Carl R. Rogers and Richard E. Farson, two influential American psychologists. The work brings the counselling technique of active listening to the layperson, demonstrating how it can be applied to interactions between an employee and employer. Carl R. Rogers (1902-1987) was one of the pioneers of the "client-centered" approach to psychotherapy. He is considered one of the founding fathers of modern psychotherapy research and is widely regarded among others in the field as the most influential psychotherapist of all time - viewed even more highly than Sigmund Freud. Dr. Rogers served as a professor of psychology at the University of Chicago, where he set up the university's counselling and research clinic, the Industrial Relations Center. He wrote many books on psychotherapy, and in later years, travelled the world to bring his theories to areas of great political and social strife like Northern Ireland, South Africa, and Brazil. Richard E. Farson (1926-2017) had already completed his bachelor's and master's degrees when he met Dr. Rogers in 1949. Dr. Rogers invited Farson to continue his studies with him at the University of Chicago. Farson became Dr. Rogers' research assistant while he completed his Ph.D. in psychology and began counselling at the Industrial Relations Center. Dr. Farson held leadership positions in a number of research institutions. He co-founded the Western Behavioral Sciences Institute, where he served as president and CEO. He was later appointed as the founding dean of the California Institute of the Arts School of Design and served as president of the Esalen Institute. Drs. Rogers and Farson collaborated on many projects, including 1957's *Active Listening*. They also led a 16-hour group therapy session that was recorded and released as a film called *Journey Into Self*. The film won the 1968 Academy Award for Best Documentary. *Active Listening* describes a method of communication used in counselling and conflict resolution. Rather than serving as a passive participant in a conversation, active listeners take a functional role in helping the speaker to work out their issues. As the speaker shares, the listener repeats back what they've heard in their own words. This both confirms that they've heard the speaker and verifies that they understand. Unlike the way many of us instinctively communicate - trying to get another to see things from our own perspective - active listening requires that we see things from the speaker's perspective. The listener must address not only the meaning of the words, but also the feeling behind them, in order to make the speaker truly feel heard. These feelings can be conveyed through words, tone, volume, body language, and even breathing. This method is not without risks. It can be tempting to lose your sense of self in the practice of sensing the feelings of another person. As Drs. Rogers and Farson put it, "It takes a great deal of inner security and courage to be able to risk one's self in understanding another." In contrast to many psychological texts, *Active Listening* is written for the non-clinician or psychologist. In plain, everyday language, the book explains both the concepts of active listening and how they can be applied to the workplace. Employers who engage in active listening, the book argues, can help employees to become more cooperative, less argumentative, and clearer in their own communication. While the book is written in the context of the employee/employer relationship, the technique can be applied to all relationships in our lives. The concept is still highly influential, and Drs. Rogers and Farson's ideas about client-centered psychology are used in clinical practice today.

Congressional Record Apr 02 2020

Carl Rogers Aug 26 2019 Carl R. Rogers (1902-1987), a founder of the humanistic psychology movement, is one of the most influential American psychologists of the 20th century. His impact on education, counseling, psychotherapy, conflict resolution, and peace is unparalleled. He created a profound and fundamental shift in the fields of psychology and human relations. His deep belief that each person has worth, dignity, and the capacity for self-direction was counter to the pervading thought of his day. In order to fully understand and appreciate his impact, it is important to know what experiences shaped his life and what influences directed his thinking. *Carl Rogers: The Quiet Revolutionary* is a unique kind of autobiography that explores all these aspects of his life, and more, through a series of interviews. The result is a lively account in Rogers' own words of the peaks and valleys of both his professional and personal life. He describes his early life, his family, his schooling, and his intellectual development, and includes the early development of person-centered therapy, "The Therapeutic Hour" and his extensive efforts to reduce international tension through his work in northern Ireland, South Africa, and Central America ("The Peace Project").

Carl Rogers Jun 16 2021 As founder of the person-centred approach, Carl Rogers (1902-1987) is arguably the most influential psychologist and psychotherapist of the 20th century. This book provides unique insights into his life and a clear explanation of his major theoretical ideas. This Third Edition is co-authored by Brian Thorne and Pete Sanders, leading person-centred practitioners and bestselling authors. Pete Sanders contributes a new chapter on "The Ongoing Influence of Carl Rogers", covering topics such as research, the emerging tribes in person-centred tradition, and its interaction with the medical profession. Brian Thorne draws on his experience of having known and worked with Rogers to beautifully describe the way in which Rogers worked with clients and from that, to draw out the practical implications of what is, in effect, a functional philosophy of human growth and relationships. In the twenty years since the first edition of *Carl Rogers* appeared, the book has continued to provide an accessible introduction for all practitioners and students of the person-centred approach.

Becoming Wild Aug 19 2021 A NEW YORK TIMES NOTABLE BOOK OF 2020 "In this superbly articulate cri de coeur, Safina gives us a new way of looking at the natural world that is radically different."—The Washington Post New York Times bestselling author Carl Safina brings readers close to three non-human cultures—what they do, why they do it, and how life is for them. A New York Times Notable Books of 2020 Some believe that culture is strictly a human phenomenon. But this book reveals cultures of other-than-human beings in some of Earth's remaining wild places. It shows how if you're a sperm whale, a scarlet macaw, or a chimpanzee, you too come to understand yourself as an individual within a particular community that does things in specific ways, that has traditions. Alongside genes, culture is a second form of inheritance, passed through generations as pools of learned knowledge. As situations change, social learning—culture—allows behaviors to adjust much faster than genes can adapt. *Becoming Wild* brings readers into intimate proximity with various nonhuman individuals in their free-living communities. It presents a revelatory account of how animals function beyond our usual view. Safina shows that for non-humans and humans alike, culture comprises the answers to the question, "How do we live here?" It unites individuals within a group identity. But cultural groups often seek to avoid, or even be hostile toward, other factions. By showing that this is true across species, Safina illuminates why human cultural tensions remain maddeningly intractable despite the arbitrariness of many of our differences. *Becoming Wild* takes readers behind the curtain of life on Earth, to witness from a new vantage point the most world-saving of perceptions: how we are all connected.